

PLASTIC SURGERY AESTHETIC RECONSTRUCTIVE
CLINIC IRAQI CASABLANCA, MOROCCO.

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ACCUEIL

CLINIC IRAQI of aesthetic surgery and aesthetic medicine is located in a residential neighborhood in the heart of the city of Casablanca.

The largest city of the Maghreb, the economic capital of the Kingdom which embodies the modern Morocco.

The AESTHETIC SURGERY CLINIC CASABLANCA meets international security standards imposed by our regulators.

The setting is pleasant, friendly and aesthetic.

The staff is warm, reassuring and professional.

The equipment is ultra-modern with ORs equipped with sterile air.

The recovery room and are equipped with resuscitation equipment performance.

The rooms are quiet, sunny, well appointed and open onto a garden.

The AESTHETIC SURGERY CLINIC CASABLANCA guarantee you a stay of exceptional quality in the service of beauty and wellness. Statistics show that every year millions of women and men have resorted to cosmetic surgery to improve their physical and their sense of well-being.

At the CLINICUE AESTHETIC SURGERY CASABLANCA all operations in medicine and cosmetic surgery are performed: facelift, nose, eyelids, lips, chin, ears, breasts, abdomen, liposuction, liposculpture, micro-grafts of the scalp, correction of scars, treatment of wrinkles, lipofilling

GENERALITE

In Morocco the plastic and cosmetic surgery has existed for several decades and is currently undergoing a major expansion with the changing social and medical. All social groups and increasingly the two sexes use cosmetic surgery in order to create or recreate the beauty for their physical well-being and morale.

Plastic surgery and aesthetic surgery or rejuvenation and beauty has made in recent years very considerable progress made possible by a better understanding of tissues and anatomical structures and the advent of new technologies. In aesthetic surgery in particular of the interventions so far have been modernized classics and the results are better and more sustainable. New interventions have been making possible the correction of previously inaccessible and misfortunes this with the constant concern for greater safety, comfort and larger scars more muted.

The techniques of anesthesia have also been increased allowing more light anesthesia, after the simplest and therefore the length of hospital stay much shorter. Such advances are not without a training and information continually updated from plastic and cosmetic surgeon.

This training should follow a comprehensive and rigorous education to allow for practice in the best conditions of safety and reliability.

Surgeon first, then he must specialize in plastic surgery and aesthetic competence and be recognized by the Conseil National de l'Ordre des Médecins.

Care, the surgeon owes to its patients through a personalized consultation, analyzing in detail the request and explaining all the technical aspects related thereto. The operation performed in the best conditions of safety and comfort, will be followed by regular checks to monitor the best surgical suites.

The psychological perception of art and aesthetic surgeon can lead to change that best meets the hopes and deep desires of the patient. In some cases, the cosmetic surgeon is wise and warned him to abstain.

Plastic surgery far from going against the will of God, when it restores the perfection to man, seemed better the second.

The clinical aesthetics Casablanca is located in a residential area in the heart of the city and meets international safety standards imposed by our regulators.

At the clinic of plastic surgery CASABLANCA your beauty, your harmony, your beauty, your well-being and happiness are our main concerns.

Your desires and wishes are our permanent objectives

THE SURGEON

Specialist in plastic surgery Reconstructive and Aesthetic since 1988
 A graduate of the University of Paris
 Qualified in Reconstructive Plastic Surgery
 Aesthetics and the National Order of Physicians
 Former attached hospitals of Paris
 President of the Moroccan Society of Plastic Reconstructive and
 Aesthetic (SMCPRE)
 Member of the French Society of Surgeons
 Aesthetic Plastic (S.O.F.C.E.P)

SECURITIES AND WORK

Communications to many national and international conferences of SMCPRE
 Communications to many national and international conferences of SOFCEP
 Communication to the International Congress of the Société Française de
 Chirurgie Esthétique (SFCE)

Publications: THE CONSERVATIVE MAMMOPLASTIE
 Or breast reduction by liposculpture

Articles of Dr mammoplastie The conservative
 The conservative mammoplastie is a surgical technique for breast
 reduction that fits all hypertrophy predominantly fatty ...

Small injections between friends
 In terms of mission, it attive quel'on wants everything suite.Pasle of
 time to wait for the effect of a cream or a serum ...

Congress S.M.C.P.R.E.
 After care dermodécrispant like botox, it's the turn of fomulés care,
 among other assets of hyaluronic acid ...

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INTERVENTION

LIFTING OR SURGERY FACIAL REJUVENATION

(Out of respect for the medical images in conjunction with the facial features are not displayed)

The facelift aims to correct the sagging tissue of the face (cheeks, jowls, facial contour and neck) and reduce wrinkles. The cervico-facial facelift to return the features of the face. The face is reshaped and rejuvenated in its entirety. The procedure takes 2 to 3 hours, under local anesthesia associated with neuroleptic (tranquilizers administered by injection).

After an incision in the scalp and around the ear, the skin is then peeled off redrapée on the face and neck. The muscles of the neck and cheeks are slightly retendus to preserve the natural appearance of the face.

The hospitalization lasts from 12 to 24 hours.

During 48 hours, the patient wears a compression bandage to limit swelling and bruising; them disappear over several weeks.

The scars will be hidden by the hair and the relief of the ear.

Well, a facelift allows rejuvenation of a dozen years or so, depending on lifestyle and skin type, the effects last for months or longer (5 to 15 years). One person can make 2 to 3 lift in her lifetime.

Frequently Asked Questions

Where are the scars?

The incisions are largely hidden by the hair, and easily concealable. The skin incision is discreet in the ear, on the natural.

Is it a pain?

Like all surgical operating suites are perceived differently from one person to another. A little discomfort in one is felt as pain higher in the other. Tranquillizers simple enough to remove any pain. They are kind of tension.

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At what age can you do a facelift?

The age of first lifting depends on the condition of the skin and also the personal requirement of a woman. In general, the first is to lift the quarantine

How is the intervention?

The lifting is performed under local anesthesia with premedication.

The incision is made in the scalp, down to the ear, back behind fairly high the flag of the ear, then bowed to the scalp and down the neck through the hair. The muscles under the skin is tensioned. A degreasing can be done at the same time.

The main work done under the skin, to muscles, fibrous tissue and fat which are lifted and reset in their new position. The surplus fat in the neck is removed and the neck muscles tightened. When the skin is seen, it must be given direction and tension that lead to the most natural result possible. We must avoid any surge in the skin excision. The duration of the intervention is about 2 h 30.

The. What are the surgical suites?

To reduce swelling, it is a compression bandage around the head, and the removal of 24 hours.

Tranquillizers simple enough to eliminate any pain that are kind of tension.

The patient can usually leave the clinic 12 to 48 hours after surgery with a scarf on her head. The hair can be washed before leaving.

The son withdrew to the 10th day.

After how long am I "visible"?

The operating suites are marked by blue or bruises that appear immediately to two days after surgery. They had 8 to 10 days and are more or less important according to the patients.

Edema: is moderate and often disappear gradually in the weeks that follow, without this gene social life.

Scars: must be disinfected until the removal of the son and then they will be massaged for 2 months and protected from the sun by applying sunscreen.

Before returning to a normal social life, it usually wait 10 to 20 days and use a little makeup. Even if your parents and friends do not see your edema, it is certain that you will feel for many months in a more or less marked.

What are the risks of lifting?

Like any surgery, the cervico-facial facelift may have some general complications: infection, hematoma or anesthetic complications. These complications are rare. In more specific terms, it may arise from the uncertainties scar, especially in people with fragile skin exposed to sunlight, or who smoke. These uncertainties are demonstrated by the most visible scar, sometimes thick, especially in the retro-auricular (behind the ear). Quite often, the skin sensitivity is reduced, a certain numbness persists for several months, especially before the ears. Complications nerve at the facial nerve branches are rare.

Can I comb my hair back?

The scars are in the hair. The chignon is possible from the 2nd mois. Si you use a dye, it is better to do before surgery to avoid the risk of tattooed scars.

Could I quickly expose my face to the sun?

It is not too early to expose the scars to the sun. After a few weeks it is possible to expose themselves with sunscreen.

How long does a facelift?

A facelift can last from 5 to 15 years depending on the skin and lifestyle. After a facelift, it is aging no more quickly or more slowly. However, it continues to age while maintaining a gap relative to real time. Fell on the clock, but time continues to move forward. Heredity and lifestyle can also help prolong the result. It is imperative not to smoke, thus protecting from the harmful effects of sun, and maintain the skin to extend the benefit of this intervention. While knowing that we can make several facelifts.

Can I do make the eyelids at the same time?

It is often a joint application to lifting. It is quite possible to achieve these two interventions during the same operation.

OR AESTHETIC RHINOPLASTY NOSE SURGERY

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The nose may become the subject of an ongoing obsession affecting our character and social behavior. A rhinoplasty can find a "good nose". Any edits can go just a little bump to put to a complete remodeling of all structures internal and external nose. Sometimes when entering in the context of a real profiloplastie, those edits nasal may also be corrections to the adjacent nasal structures: chin, cheekbones, soft tissue damage. Of osteotomies, grafts or injections of various fillers will complement or improve the harmonization of the face. The result of a rhinoplasty brings an undeniable effect of facial rejuvenation.

There is no ideal age for rhinoplasty but must operate after puberty when the facial mass will have completed its growth. Before the intervention study and a draft on paper or digital photos are essential. Each constituent element anatomical nose can be corrected surgically precise and particular. Thus the experience of the surgeon will make a choice between the different techniques at his disposal.

The duration of the intervention is from 1 hour to 2 hours under local anesthesia most often with premedication or general anesthesia.

After surgery bruises persist 8 to 10 days depending on the patients. Dice ablation dressing your nose will look quite good. A slight swelling persist a few days but will not prevent you from your resume social and professional activities from the eighth day and you up. Respiratory discomfort persists a few days, sometimes for several weeks. After one to two weeks, you will begin to see the result. However wait a few months sometimes years to make your nose is his final appearance.

No scar is visible. The incisions are made inside the nostrils.

The prolonged sun exposure will be banned for 3 months.

Wearing glasses is not recommended for 1 month.

Frequently Asked Questions

What is the duration of the intervention?

This is an intervention that lasts an average of 1h30. But in some cases difficult, particularly for rhinoplasties secondary intervention may be much longer.

How is the intervention?

Rhinoplasty is usually performed under local anesthesia combined with nose calmant. La dissection is done through

incisions invisible, made inside the nostrils, but you can also practice passing through Columella (zone located between the nostrils), one speaks of a way "external" is reserved for complex rhinoplasties first or secondary hard times. Each constituent element anatomical nose can be corrected surgically precise and particular. The first time the intervention is to treat defects in the wall where they exist and interfere with nasal breathing. The tip of the nose is formed by acting on the cartilage, either by reducing or increasing the input plugins. The height of the nose and the width of the nose are reduced by two lateral osteotomies that return within the bones of the nose. After the first time we can appreciate the residual width of the base of the nose. Sutures are made with very fine absorbable son, nostrils are méchées for 24 hours. Of steri-strips are placed on the back of the nose and a nose plaster is made for 8 to 10 days in case of osteotomy.

How long must we remain hospitalized?

The length of stay is 12 to 24 hours on average. There are often wicks in the nose are removed 2 to 3 days.

What are the surgical suites?

The suites are usually painless. There may be bruising and swelling under the eyes for a few days. Drops of fat to avoid crusting and nasal washes are usually prescribed. In case of deviation of the wall, silicone splints are sometimes left in each nostril for 10 to 14 days.

The result shall be removed from the plaster splint or the 8th day but the swelling back of the nose may persist for several weeks. A total of rhinoplasty appraised completely after several months.

What are the risks of this surgery?

Complications and described in the medical literature are:

Functional respiratory disorders,

The asymmetry of the nostrils or the tip of the nose

The deviation of the nose, a scar visible (if externally)

The majority of these problems are corrected sometimes secondarily under local anesthesia.

What is a secondary rhinoplasty?

In some cases, the aesthetic or functional result is not achieved or even a complication requiring re-intervention, known as secondary rhinoplasty see ... These tertiary rhinoplasties use sophisticated techniques requiring the use of bone grafts or mostly cartilaginous to "rebuild" the nose.

In these hard nose the chances of getting a perfect result after re-intervention, are lower than in the primary rhinoplasty.

Avoid re-interventions too early. Outside the small touch, minimal, which can be done under local anesthesia in six months, the waiting period reasonable for re, is in twelve months you need to know sometimes extend to two years

LES OREILLES DECOLLEES

Out of respect for the medical images in conjunction with the facial features are not displayed)

The ears are related to congenital malformations of the cartilage:

- A lack of kinking of the anthélix: resulting in a lack of relief
- Enlargement of the shell: accentuating the projection of the ear
- An angle or too retro atrial important.

These three anomalies are frequent.

At what age perform the procedure?

From 7 years and no age limit.

What kind of anesthesia?

The more often a local anesthesia with premedication is sufficient.

What is the duration of the intervention?

On average an hour and a half hours.

What are the surgical suites?

Are generally simple.

Moderate pain may be eased by painkillers.

Bruises (blue) and an edema (swollen ears) are present and disappear after a few days.

The scar made behind the ear is most often invisible.

What are the complications that can occur during a autoplastie?

In exceptional cases, it may be a hematoma which will require a new hemostasis, infection (chondrite) that require a new surgery or simply by antibiotic treatment.

The scar made behind the ear can grow and develop into a keloid.

There may be other exceptional or unexpected complications as with any surgery.

seins

BREAST AUGMENTATION

1 / Indications for breast augmentation

There are four distinct cases:

- Breast hypoplasia: lack of development of the mammary gland (breast too small)
- Mammary Aplasia: stop the development of the mammary gland (no breasts)
- Asymmetry breast: lack of symmetry of both breasts (the breasts are not the same size)
- Breast Ptosis: sagging breasts by loosening its means of support (the chest was empty at the top). In this case, it combines a breast augmentation plastic to raise the breasts.

2 / breast

There are different varieties of breast implants according to their form and content.

Are used most often prostheses round silicone gel. The implants come in a wide variety of sizes making them adaptable to all morphologies. The surgeon makes testing different sliding prostheses in the bra under the garment to determine the correct diagnosis between the size of the cups.

The envelope of silicone gives it to the prosthesis and that it is the interface between the body and the implant. As to product filling, silicone gel, it helps maintain the shape of

the prosthesis.

A prosthesis round brings more volume to the upper part of the breast with an abrupt transition zone between the chest and breast. The prosthesis shaping a round neckline neckline and is suitable for women who have breast already somewhat trained.

3 / Intervention

The operation lasts 1 to 2 hours and is most often under local anesthesia, general rarely. Hospitalization is 12H to 24H. There are 2 options for inserting the breast implants:

- The retro-glandular position (behind the mammary gland): the quantity of glandular tissue and the elasticity of the skin must be sufficient to cover the implant on each side.
- The position retro-muscular (in behind the pectoral muscles)

prostheses should be inserted so that they are invisible and impalpable.

The surgeon is on each side, a small incision of 3 to 4 cm. It is through these incisions that are put in place both breast. There is no other than scars left by these cuts. They are small, hidden and almost invisible.

There are 3 possible routes first to establish the implants:

- The way aréolaire died: on the edge of the areola surrounding the nipple
- The way in breast: in the crease under the breast
- The axillary: in the center of the armpit

4 / The post-operative follow -

A bra is keeping to wear day and night for a few days. Once the stitches removed, it is recommended to gently massage the scar and the chest with a cream. During the first week we should not carry heavy loads or engage in sports activities. An inspection is scheduled with the surgeon a few days after surgery, during which it checks the state of healing. Fatigue may persist for a few days and it is better to allow a rest period, no work, for care and convalescence. The breasts may be slightly swollen and painful to the touch, with blue. It is also possible to feel a sense of tension, because the skin has to adapt to the new size of the breast. These problems may last for 1 month.

5 / Results

The result is immediate from the first month, but it is final after 6 to 8 months when the glandular tissue and pectoral muscle (if retro-muscular implantation) have adapted to their new shape.

.6 / The capsular contracture (shell)

The most common complication following a breast augmentation is the possible formation of a capsular contracture (in 1 to 2 per cent). As around any foreign body, the response of the body is to form a fibrous capsule progressively protection. This happens around the breast implants quite normal. But sometimes this capsule thickens, strengthens, forming a fibrous shell more or less embarrassing. This shell may appear within a few weeks or several years after surgery. In this case, there is a new intervention.

7 / The duration of prostheses

Breast implants have a limited life (ten years). They grow older and can wear out or break after an incident (a fall, shock). It is impossible to accurately predict the lifespan of each implant. The risk of rupture increases with seniority. A ruptured implant must be surgically removed and replaced

8 / Frequently Asked Questions

Can not breastfeed after implant installation?

Wrong. Breastfeeding is not impossible in one patient carrying prosthetic breasts.

No studies have shown a risk to the baby. However, an abscess in breast engorgement with milk is always possible when breastfeeding, the spread of an infection of the breast prosthesis can achieve and require the removal of the latter.

The prostheses they cause cancer?

Wrong. They do not increase the risk of breast cancer, during this operation starts on the means of prevention and educates the patient to a autopalpation. The same silicone prostheses are used to replace the missing volume after surgical amputation of the breast cancer precisely.

The aircraft are prohibited to be carriers of breast implants?

Wrong. Dentures explode in any case during a trip by plane, the proportion of air hostesses bearing prostheses should, by the requirement of their job, be higher than the rest of the population.

The intervention can be supported by health insurance?

True, some patients may theoretically benefit from care by prior arrangement. Having small breasts can cause disorders of the self-image, but this is not considered a disease. Failure of development of breasts, asymmetry and breast reconstruction after removal of part or all of a breast due to cancer are supported.

Would it not expose her breasts in the sun?

Wrong. We must not expose his scars the first few months, but disappear as there is no indication against.

The prostheses they are perceptible to the touch?

Wrong. When the operation is successful they are imperceptible. Many men are unaware that their partner is a carrier of prostheses.

Nipples lose their sensitivity after the operation?

Wrong. In any surgery on the skin and subcutaneous structures, the sensitivity is changed, it can be exaggerated or reduced in most cases. At the breast changes in sensitivity of nipples is almost always transient, recovery occurs gradually over a few months.

The sport is banned there after a breast augmentation?

Wrong. Sports violent gestures of the arms further up are not recommended for 4 weeks after surgery, and lying on its belly. After this time, no restrictions are returning to normal life, often more beautiful

Can this be done before pregnancy?

True. This operation does not interfere with subsequent pregnancies, but it takes a period of 1 year on average before getting pregnant, not to deteriorate the result. You also have a period of 3 to 4 months after the end of a lactation.

Is it suffers after the intervention?

The operation is performed under anesthesia, so we did not feel anything. A feeling of tightness and tension is possible, the first 3 days, detailed or violent movements. But these feelings are generally bearable. Taking pain medication mitigates against these signs, they are improved by

wearing a bra.

How long off work?

Off time of 1 work week, but it depends mainly on the type of work.

At what age can you benefit from an intervention?

At the end of puberty, when breast growth is complete. Thus, from 17 years after the parental consent.

What is the best time to do a breast augmentation?

There is no preferential period. This step is practiced year-round regardless of the season, with a particular enthusiasm for the approach of summer.

BREAST REDUCTION

Corrects breast reduction breast hypertrophy. This hypertrophie defined as a volume of breasts too large compared to the morphology of the patient. This excess volume and thus weight, alters the elasticity of tissue and eventually lead to ptosis (falling) of the breast.

Mammary hypertrophy affects the static spine, causing pain in the dorsal muscles, aggravated by the attitude that vaulted take some patients to hide their strong chest.

Reducing mammary hypertrophy deals, reduces pain (back, shoulders, neck) and relieves irritation problems in the breast.

1 / Frequently Asked Questions

At what age can it be operated?

This can be done at the end of puberty (around age 17) in the important forms.

Where are the scars?

The scars depend on the technique used and the degree of hypertrophy and the degree of ptosis exists.

Thus we can either have a scar in "T" reversed if large hypertrophy and significant breast ptosis.

A scar or peri-areolar (around the areola) in the case of

simple hyperplasia without significant ptosis or a scar around the areola and a vertical.

How much can I withdraw breasts?

The reshaping of the breasts must take into account the size of the patient, the thickness and width of his chest to provide a volume consistent with its silhouette. The intervention aims to balance the volumes while restoring to a natural areola.

Can you breastfeed after a mammoplasty?

Yes breastfeeding is usually possible after mammoplasty. It must be remembered that a minimum period of 2 years is necessary to have a pregnancy after a breast reduction.

What tests are performed before the intervention?

Before surgery, a preoperative assessment check against the no-indication. A radiological assessment including mammography is usually performed.

How is the intervention?

The operation is performed in a surgical structure and in the presence of an anesthetist, usually under local anesthesia with good premedication and lasts between two to three hours. It involves moving the nipple upward, to remove excess gland (usually there is an excess of fatty tissue which is responsible for breast enlargement, indicated by mammography. In this case instead of a glandular resection classic I developed a technique that is to perform a breast liposculpture to reduce fat overload) and skin and reshape the breast. The length of the scars depends on the reduction and the degree of ptosis. The patient left the clinic the same day, therefore, not hospitalization.

What are the surgical suites?

This procedure is usually quite painful. Wearing a bra is advisable night and day for a month and then only on the following months. The son is removed the 10 th day.

After how long can you play sports?

It is possible to resume the sport ten days after the operation.

abdominoplastie

Abdominoplasty OR AESTHETIC SURGERY OF THE BELLY

The abdominoplasty is to remove excess skin and fat in the lower abdomen. It removes the skin distended and strengthens abdominal muscles.

The intervention is performed under local or epidural anesthesia and lasts about two to three hours depending on the case.

The incision is performed in the lower abdomen in a fold usually covered by the slip.

The surgeon took off the skin of the abdomen upwards. The umbilicus remains the same. The abdominal muscles can be tightened so called cures diastasis. It draws the skin of the abdomen down and remove excess skin.

The scar is placed above the pubis. It is short enough to remain invisible in the jersey except in cases of excess skin and fat considerably. The scar is horizontal and can greatly exceed the pubis.

The hospital is 24 to 48 hours. If drains were placed to evacuate the serosa, they will be removed after 2 to 3 days.

The swelling and bruising will disappear after 3 weeks to 1 month. There may be pain in the surgical suites with a feeling of tense stomach calmed by simple analgesics.

Convalescence of one to three weeks allows the tissues to better s'accoler. The patient wears a sheath elastic for 2 to 3 months for the skin is properly fastened. At this stage, the insensitivity of the skin is normal because the nerves were necessarily severed during surgery. Sensitivity gradually reappear.

Care of the scar are performed every 2 to 3 days until the removal of the son to the 15th day.

After 2 months, the stomach is flat but the scar still a little hard. It takes 6 months to become thin and flexible.

The result is final provided they pay attention to its weight. Loosening skin is a natural phenomenon that can recur. It advises patients to eat balanced and conduct exercises to tone up the lap.

. Frequently Asked Questions?

What is an abdominoplasty?

An abdominoplasty or dermolipectomie is a surgical procedure which involves removing excess skin and fat of the abdomen. It allows to distend the skin and strengthen the abdominal muscles, "rejuvenate" the abdomen.

Where are the scars?

The main scar horizontally along the lower abdomen so that the slip could hide. There is also a small scar around the navel.

Can you remove stretch marks by a abdominoplasty?

Soft skin makes stretch marks less apparent. Stretch marks below the navel disappear with the skin removed. However, those above the navel but persist are lowest just above the scar.

Can we lose weight through an abdominoplasty?

We lose little weight with an abdominoplasty, in practice the order of 1 to 3 kg on average. The loss of weight should be gradual and requires a healthy diet and adequate activity.

How is the intervention?

The intervention is performed under loco-regional anesthesia in most cases or under local anesthesia and takes approximately 2 to 3 hours.

It sucks excess fat and then the incision is carried in the lower abdomen in a fold usually covered by the slip, the skin of the abdomen is removed slightly upwards. The abdominal muscles can be tightened so called cures diastasis. The umbilicus is placed in position. It draws the skin of the abdomen down and removed the excess.

How long is the hospital?

The average length of hospitalization was 48 hours. It depends mainly on the importance of flows in drains.

Is it a pain?

There may be pain in the surgical suites with a feeling of tense stomach calmed by simple analgesics.

What are the surgical suites?

It should be a recovery of 15 days to allow better tissue s'accoller. You must wear a jacket for about a month. Care of the scar are made every two to three days until the removal of the son to 15 days.

After how long can we take the sport?

Efforts abdominal muscles are banned for about 1 month. The resumption of sports activities is entitled to removal of the son (about 15 days after the operation).

botox

(Out of respect for the medical images in conjunction with the facial features are not displayed)

Wrinkles of expression, if we find them rather charming in adulthood, invariably become unsightly over time because, even at rest. They then demonstrate a severe nature, worried, sad or tired look which does not self-image that we would offer regards.

The forehead wrinkles are caused by facial expressions that lead to their long training. They appear all the more easily as the skin is fine and expressive face.

Popularized under the name Botox (brand product), botulinum toxin is now unavoidable in aesthetic medicine. Very fashionable, it has virtually replaced the frontal lifting. It must not be cast to oblivion that it may be necessary in some cases heavy. The product does not fill the wrinkles but blocks the muscles responsible.

The effect is a reduction in force of contraction of the muscle target. Botox can be used as a preventive measure in preventing the appearance of wrinkles too pronounced. The subtlety of the cosmetic surgeon is the ideal compromise between the reduction of wrinkles and conservation of the facial expression.

The plastic surgeon with a fine needle, injecting a few milliliters of Botox to specific points after a careful identification. The meeting is almost painless and takes only a few minutes.

This gesture is done in ambulatory care, upon appointment.

The reactivation of the patient immediately. The result is not instantaneous, it appears gradually over 72 hours. The effect

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of Botox is dependent on the initial force of the muscle concerned.

In general, the effect lasts about four months, then back in time to complement and potentiate the effect of the first injection. The time between injections lie with the number of meetings.

Frequently Asked Questions

What is BOTOX?

It is a substance synthesized from botulinum toxin that causes the loss of contraction. Specifically, it produces this product with the purified form and attenuated (or weakened) by the toxin. Botox is used to weaken the muscle contractility involved in the formation of wrinkles. Botox is used for more than 50 years, especially in children who suffer from strabismus (eyes sixteenths).

What causes facial lines of expression?

Wrinkles are caused by the contraction of certain facial muscles under the skin.

How does it work?

Botox causes a decrease or inhibition of muscle contraction. The effect of Botox is usually after 72 H. Botox can be used to treat wrinkles around the eyelids, forehead, between the eyebrows, upper lip and neck. The effectiveness of an injection is estimated between 3 to 6 months, usually. However, injection intervals, ie before the reappearance of muscle contraction, the muscle remains in a state of sluggishness and reduces the need for injections.

How does Botox?

Botulinum toxin binds to the ends of nerves and blocks chemical emissions that affect the muscles. When the brain controls the contraction of a muscle, these chemicals circulate the message. So if the message is blocked, the muscle does not contract.

Botulinum toxin is usually 72 hours before acting. The effectiveness of an injection is estimated between 3 to 6 months

Are there any side effects?

Botox has been used for over 20 years with thousands of

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patients. It is a safe product that has proved its worth. However, like any medical treatment, there may be side effects. The most common are:

- Light blue, local swelling and / or a headache passenger. (rare)
- In a proportion of 1 to 2%, there have been cases of eyelid drop (PTOs) and / or the eyebrow, (very rare) but this effect is generally passenger.
- From time to time in some patients, one can observe a greater effect on one side than another, resulting in an asymmetrical appearance. (asymmetric injection by doctor) doctor to review the adjustment.
- Strabismus, a weakening of the muscles of the eye, is a temporary side effect was observed. Although this is a transient response, it would be advisable to drive or steer. This situation occurs only very rarely with doses used for treating facial wrinkles. (injection too close to the orbit of the eye) choose an experienced doctor who has done much.
 - Some patients develop resistance to treatment. (very rare)

Are there any indications against?

Botox is against in patients with infections at injection sites proposed for people who have demonstrated hypersensitivity to any component whatsoever of the formula. We do not use Botox for patients who are pregnant or nursing, or in the case of allergy to albumin or Botox. In addition, people suffering from neurological problems are usually not treated.

What should I do before and after Botox treatment?

- Do not take aspirin or anti-inflammatory drugs as at least 1 week before or after treatment. (may cause blue)
- Avoid any pressure, like you sleep on the treated area or massage the treated area for 4 hours after treatment.
- Please contact your doctor if you have any questions related to symptoms or you have any concerns.

cheveux

Micrografts HAIR

(Out of respect for the medical images in conjunction with the facial features are not displayed)

A micro-hair transplant involves 1 to 3 hair up.

The aim of micro-grafting is the filling of alopecia area and improve the density of hair. There are no cases of rejection

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because no foreign body is used in hair transplant, but only the hair that you implement the immune system recognizes them as such.

Regrowth begins as normal a few weeks after transplantation of human hair. Hair regrow 3 months later, then 1 cm per month before getting a final result after 1 year.

Frequently Asked Questions?

What precautions should be taken before an operation?

There should be a pre-operative assessment to see if you are healthy.

Does long hair are a nuisance for the transplant?

Not unlike the hair of the crown must have at least 2 cm in order to hide the scar sampling. It is not necessary to cut the hair before a transplant. Long hair does not disturb us.

Is there any special preparation of the scalp before the operation?

No, it is not necessary since the scalp is normally maintained by a normal shampoo.

Why could it not itself onto the hair of another person?

It will produce a systematic rejection of transplanted hair as they would be considered by the body as a foreign body.

Is there a particular time for an operation?

No, you can be transplanted at any time of year. The sun is not an against-indication, however, it is better to protect the head during a fortnight.

Hair transplants are fragile?

No, they are resistant hairs that grow all the time and have the same structure as the hair of the crown. You can usually hair, cut, make a "brushing", colorings etc. ...

Is it that everyone can benefit from the transplant?

No, some very extensive baldness with a very thin crown and hair of poor quality, unfortunately, are not eligible for transplantation. But these cases are very rare

. Is it that women can benefit from the transplant?

Yes, women can also benefit from the transplant on the same principle as in men. Treatment with grafting redensify lets their hair.

Is there an age limit for an operation?

No, we can start to transplant 20 years and even 85 years ... Everything is to be healthy.

Interventions are they painful?

No, it must not fear these interventions, either during or after. Current means allow us to locally anesthetize the skin without pain. During the operation, you can chat with us or listen to music.

What is the duration of interventions?

The duration of interventions depends on the technique used and the number of grafts implanted. For the micro-graft it takes about 2 hours for a session of 350 grafts and approximately 3 to 4 hours for a session of 700 grafts. For the ultra-micro-grafting, it takes about 2 hours for a session of 500 grafts, 3 1 / 2 hours for a session of 1000 grafts, 5 to 6 hours for 2000 grafts and approximately 7 to 8 hours for a meeting 4000 grafts.

The hair still on the top are torn down to put the plugins?

No, absolutely not. We need everything, when hair is still on top, placing the grafts between the existing hair. This is the case of partial baldness with hair for the hair density.

Is there a risk of infection or contamination?

There is no risk of infection or contamination. The transplanted hair is your own hair. The equipment used for operations is sterile.

Can you leave home without problem?

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Yes, you can go home the same day of the operation without any problems. However, if we must return to his car for a long journey, it is advisable to be accompanied.

Is it possible to travel by air immediately after the operation?

Yes, taking the aircraft does not change. You can rest or sleep by tilting the back of his seat aircraft.

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Is there a treatment to be taken after the intervention?

In general, a light treatment (oral tablets) is set for about 5 days.

When can I resume activities?

Two to three days after surgery, one can normally again.
When can you resume sports?

The day after moderately, however, some violent sports and swimming should be avoided for about 10 days.

When can we make his first shampoo?

Two to three days after surgery, with your usual shampoo.

Is there a particular hair after surgery?

No, the hair transplant is a natural method that requires no special maintenance (or products or lotions). If you already use a lotion based capillary Minoxidil, you can resume two weeks after the intervention.

Is it necessary to remove the suture at the crown?

No, the suture that we use in the sampling zone is a resorbable thread to fall just after 20 days. You can use a non-absorbable thread that removes about 15 days later.

Should you return to make a control after the operation?

Yes, usually a control can be achieved after a few months to assess the quality of the regrowth of hair.

Is the sampling scar is visible at the crown? Does hair regrow it?

It boils down to a horizontal line at the crown, which may disappear completely, this varies from one individual to another. Regrow hair on both sides of the scar.

Are the new anti-fall are effective against hair loss?

No, no current drug can prevent hair loss.

How long after transplantation, the hair begin to grow?

Typically, it takes about 1 to 3 months before seeing out the first hair. They grow at a rate of 1 to 2 cm per month.

Is the result guaranteed?

Yes, since the grafts were collected, cut and installed with great care, the regrowth is guaranteed. It is obvious that all the hair will not extend the same day at the same time. Regrowth occurs over time. But after several months the grafts are rejected more than 98%! The loss is negligible.

Does the hair transplant can return one day?

No, because they were taken from the crown where they are programmed to grow throughout life. They are resistant hair.

The quality of the hair graft is identical to that of hair once?

Regrow hair that will be identical to those missing. The only difference is that they never return, they are resistant.

When is it possible to return to her hairdresser?

It is possible to return to her usual hairdresser about 20 days after the operation. Your hairdresser is a professional who is familiar with hair transplants. He can wash, cut and style your hair or make a normal brushing but should not use a stain or discoloration before 1 month after the operation. After this time, your hairdresser can undertake all types of hair care products made in the rules

Some centers offer transplants of artificial hair. Does this present a risk?

At the moment, no matter fully integrated by the body. The artificial hair is considered by the body as foreign bodies. Not only artificial hair fall but they are responsible for

infections. We strongly.

What is Laser hair in relocation?

The laser used in surgery can cut the tissue. Applied to the hair transplant, it has been used in some clinics to prepare for slots in the area to implement. Unfortunately, it destroys the roots of hair remaining on top and burn the other hand, it delays healing. It was abandoned by most experts
Is it necessary to remain in hospital after the transplant?

No, the transplant is a procedure performed under local anesthesia which does not need to spend a night.

Should we make more meetings of the Registry to correct baldness?

Not necessarily. A balding, can be corrected in one sitting, depending on its size, its stability, the quality of the remaining hair, height and flexibility of the crown, and the hairstyle you want. However, it is not uncommon to take several sessions to get more density. It is quite possible to graft an area already established.

I plan to make several rounds of transplantation. What is the time limit between two sessions of the Registry?

Usually the time limit between two transplant sessions is 3 to 6 months. This period normally allows to assess the onset of hair regrowth and the return to good flexibility of the crown for a new operation. Anyway, all that has been acquired by the first meeting be forfeited. The sessions are independent of each other, they are superimposed.

Is it possible to do a transplant on an area that has already been transplanted once?

Yes, it is quite possible to implement new grafts between the former without any damage. This is particularly true when you want to densify hair sparse.

I heard about "cloning of hair". Is this possible?

While it is true that science can now clone sheep identical,

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it is quite different to reproduce hair that had been taken from an individual and reproduced thousands of copies in the laboratory! A hair cell is not a real but a very complex organ composed of several different tissues. Also want to culture hair would want to replicate exactly a complex organ like the human eye. Suffice it to say that it is science fiction ... for now ..

blepharoplastie

OR AESTHETIC SURGERY Blepharoplasty eyelid
(Out of respect for the medical images in conjunction with the facial features are not displayed)

The eyelids are the face of the most fragile and rapidly aging. The skin is thin and dry. Dark and very unsightly pockets are often genetic in origin and they give the face a tired, sleepy or even older. The blepharoplasty surgery is fully developed and gives excellent results. At the disappearance of the swelling and bruising that lasts a few days, the light becomes more and more young gay.

Frequently asked questions?

Scars?

For upper eyelid scar is on the crease of the eyelid. It is perfectly hidden when the eye is open. This scar is not visible *démaquillée*, and completely hidden by being masked. For the lower eyelids in the conjunctiva, the inside of the eyelid. The scar is completely invisible. This is possible when there are pockets fat without slackening skin (not wrinkled skin). It's the way trans-conjunctival. Otherwise on the eyelid, to 2mm below the edge cilia. It is based on the internal angle of the eye at the corner outside beyond 5 mm. It allows the lifter when excess skin is wrinkled eyelid. The scars are red for a few weeks to several months. The final appearance is achieved after 6 months to one year.

After how long is it presentable?

Bruises (blue) and edema are common. The swelling is maximal on the 3rd day. The son is removed on the 4th or 5th day and it is reasonable to resume his professional activities after one week.

When can we remaquiller?

Once the son is kidnapped.

Time of hospitalization?

1 day

Recovery Time?

1 week

levres

LIPS AUGMENTATION

(Out of respect for the medical images in conjunction with the facial features are not displayed)

The simplest method of lip augmentation involves the injection of filler products. Preference is to biodegradable products, because they can always be completed. If a reaction occurs against the product, the problem would disappear spontaneously gradually by assimilation of the product in question. Therefore successive injections of product.

The most effective way to enlarge your lips is to use its own fat of the patient. This intervention is called lipostructure. A small amount of fat is taken from the thigh, buttocks or stomach, via a 3 mm (liposuction). Small fat particles are purified and reinjected into the lips. The lips remain swollen for two to three weeks. The operation is done under local anesthesia. Most often, the result is permanent, though only after a certain time, a part of the volume can dissolve.

monton

MENTOPLASTIE OR GENIOPLASTIE

(Out of respect for the medical images in conjunction with the faces are shown)

Why operate?

The malposition of the chin often cause a problem aesthetics, harmony missing profile, the chin may be:

- Forward
- Back
- Large
- Too small
- From Through

The abnormal position of the chin also cause damage to the gingiva of the lower teeth which can take off. In addition, there may be a nuisance to the closure of the lips that are ajar. In some cases, abnormal development of the jaws are involved and require surgical treatment combined (see osteotomies of the maxilla and mandible).

The mentoplastie allows in some cases the standardization of reports of maxillary, and soft tissue facial profile.

How is the intervention?

The operation is often performed under local anesthesia with premedication rarely general anesthesia.

There are various surgical techniques. Usually the chin is approached by an incision in the mouth so without visible scar. The idea is to cut the chin bone horizontally under the roots of teeth. The chin is then moved in the expected direction and fixed with screws, son of steel plates (osteosynthesis). In rare cases, the correction of the anomaly in the chin may require bone grafting. This graft can be replaced by a biocompatible implant (artificial) placed through the mouth or through a short skin incision (the risk of late complications is greater with a transplant). Osteosynthesis material can be removed in another operation, at least 6 months after the first.

FOLLOW-UPS

There after the edema of the cheeks and lips, and in some cases, bruising, which will disappear in a few days.

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If you have pain, they can be treated with painkillers. The opening of the mouth may be restricted in a first time and quickly normalize.

The movement of the chin results in a more or less of the face. In general, the operation designed to obtain reliable harmony of the face as facial profile. However, it is necessary to monitor the result of the transaction by check regularly to find time a rare change of position of the chin.

Risks

Any surgery carries risks sometimes frightening, but fortunately exceptional surgeon is obliged to inform you.

rides .

(In respect of medical images in conjunction with the facial features are not displayed)

If God made me the honor to consult me, I would have advised to put wrinkles in women under the heel. "Ninon de Lenclos, a French woman of letters, wrote this beautiful sentence in the seventeenth century. It was already worry about the marks of passing time.

Wrinkles are a break in the skin that appears as a result of three factors:

1 / Age alters the structure of the skin. It consists of three layers: the epidermis surface, the dermis - connective tissue support - and hypodermis rich in fat cells. As we age, the skin cells renew themselves so well. The skin dries out, will streak and tissues to relax. Wrinkles appear in the skin surface and then burrow into the dermis. It loses its elasticity and wrinkles deep move.

2 / For women, menopause, hormone production stops. Their absence accelerates skin aging.

3 / The environment also plays a role, particularly the sun and tobacco.

Smoking narrows the diameter of small vessels that nourish the

skin and feed on micro-nutrients to skin cells. They are vulnerable.

The sun, meanwhile, promotes the formation of free radicals that attack skin cells and cause premature death. The combination of smoking and the sun is extremely bad for the skin.

Types of rides

There are several types of wrinkles that are differentiated by their location, either by way of training. They are found mainly around the mouth, around the eyes and forehead.

- Crow's feet (wrinkles or the "smile"): expression lines that form around the eyes.

- Wrinkles of the forehead (wrinkles or concern): wrinkles particularly pronounced in people who are expressive and look older before age.

Wrinkles between the two eyebrows (or lion rides): they tend to give a severe under.

- The peri-oral wrinkles (wrinkles or sun): wrinkles caused by hypertonia of the muscle surrounding the lips (frequent in the elderly).

- The paths nasogéniens: large wrinkles that mark the nose to the corner of the lips due to the loosening of the skin.

- The bitterness folds: over time, thinning lips, and is ridente folds form of bitterness on both sides of the mouth.

- Wrinkles disgust, also known as "wrinkles Bunny": these wrinkles appear when the cusp nose, but may be permanent in some people.

Treatment of wrinkles

Cosmetics has come a long way to overcome the wrinkles and techniques are refined and multiplied: laser surgery, Botox or wrinkle fillers.

Botox acts on the ridges of 1 / 3 upper face. An injection of botulinum toxin is to be repeated every four to six months. Filling injection of collagen or other products lasts between three months and a year or more, depending on the agent used. Lipostructure, an injection of its own fat which helps to sculpt the face and whose effects can last a few months to several years depending on the quality of fat each. Better to take your time to choose the technique most suited to its ridges, has his skin, and also results in the budget

liposucción

Liposuction OR liposuction or liposculpture

Liposuction is a plastic surgery and aesthetic which is to eliminate aspiration of excess fat under the skin localized to specific areas of the body.

The transaction must - be done by a specialist in plastic surgery and aesthetics.

The results are spectacular, especially as it is performed in patients with skin toned and elastic, which retracts after the fat has been removed.

Excess localized fat are found preferentially at certain locations of the body: pants horse or outer thighs, hips or love handles, abdomen, inner thighs, inner knees, buttocks, double chin and the inside arms.

Liposuction can be used alone or combined with other surgery (abdominoplasty, facelift or lipofilling ... etc).

Importantly, fat removed will not return later.

Before the operation a pre-operative assessment be made.

The operation involves removing fat by suction through a cannula back by very small incisions in the skin most often hidden in a natural skin fold.

This operation has the great advantage of leaving only very small scars that fade or disappear over time.

You will be operated under local anesthesia (liposuction small area on a small well located) or, most often under epidural (various areas to be treated, liposuction important) and then requiring a hospital stay of one night. The panthy will be brought to the end of the intervention, and held the role of compression dressing, thus reducing the post-operative swelling associated with liposuction.

After the operation you can walk and move immediately after the intervention, but you'll be embarrassed for a few days in case of liposuction important.

You must wear the panthy for one to three months, day and night. Stopping work varies from 24 hours to 10 days.

Ecchymosis (blue) will disappear within two to three weeks and edema (swelling) in two to three months, when you appreciate the result.

The ultrasonic liposuction is prohibited because it is dangerous and which complications can be serious.

Frequently asked questions?

What is liposuction?

This is the removal of excess fat (or bosses fat) located on parts of the body: the belly, hips, buttocks, inner thighs, the inside of the knees, the inner arm , double chin and sometimes the breasts.

What are the different techniques used?

The ultrasonic technique is to be avoided because the risk of burns is possible and fat is fatal for a lipofilling. The classic technique is the most practiced.

Are there any indications against?

There are no indications against local requirement to comply with good indications of liposuction (fat bumps or localized cellulitis).

Patients should contact a real expert in this field, as cases of failure are not negligible. The patient's life may depend.

Is it necessary to be hospitalized?

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The operation is done under local anesthesia or loco-regional, in an operation and in the presence of an anesthetist. the patient returns home the same day. Wearing a jacket is advisable. The convalescent period is a few days.

Could obesity be treated by liposuction?

No, liposuction does not treat obesity but eliminates bumps localized fat that frequently accompany obesity and therefore the body regains its harmony. Obesity becomes disharmonieuse few hours Obesity harmonious thing which is impossible without liposuction.

Obesity without bumps is easier to deal with a regular food hygiene and a proper sport.

lipofilling

Lipofilling

(Out of respect for the medical images in conjunction with the facial features are not displayed)

The lipofilling or lipostructure is an injection of grease collected on the topic of distance feedback to fill hollow areas or hypotrophy mainly on the face (cheekbones, cheeks, lips ... etc..).

Aging can lead to melting of fat-tissue cellulose (hence for example the cheeks hollow) or muscle wasting (eg less pulpy lips) of the face or body. Physiological aging may be added the consequences of an ill-conceived weight loss.

The filling is made also to correct the imperfect results of liposuction at the thighs, buttocks, the rump of the horse.

The filling can be done in conjunction with a facelift or facial firming for leveling of wrinkles or scars slopes (intaglio).